



Your DETROL LA Diary

A personal place to track your symptoms and your daily medication usage

Your Next Doctor's Office Visit

- **Discuss** your overactive bladder (OAB) symptoms with your doctor
- **Use** this diary to help you in the discussion with your doctor
- **Ask** your doctor if prescription DETROL LA is still right for you

DATE:	TIME:

Log on to DetrolLA.com

- Download another copy of this diary to track your OAB symptoms and medication usage
- Download other support materials designed to help you take an active role in your OAB treatment plan

DETROL LA is available in 2 mg and 4 mg capsules.

Indication

DETROL[®] LA (tolterodine tartrate extended release capsules) treats the symptoms of overactive bladder (leaks, strong sudden urges to go, going too often).

Important Safety Information

Do not take DETROL LA if you have trouble emptying your bladder (urinary retention), if your stomach empties slowly (gastric retention), or if you have glaucoma.

Do not take DETROL LA if you are allergic to any of its ingredients or are allergic to Toviaz[®] (fesoterodine fumarate).

DETROL LA may cause allergic reactions that may be serious. Symptoms of a serious allergic reaction may include swelling of the face, lips, throat, or tongue. If you experience these symptoms, you should stop taking DETROL LA and get emergency medical help right away.

Please see continued Important Safety Information on the following pages and [click here for Full Prescribing Information and Patient Information.](#)

Track Your Daily Activities

Over the next 2 weeks, use the tracker below and on the next page to record your OAB symptoms and your experience with DETROL® LA (tolterodine tartrate extended release capsules). Then share this diary with your doctor during your next appointment.

		Fluids (what kind/how much?)	Take your medicine as prescribed?	Bathroom trips	Strong, sudden urge to go?	Accidental leaks?	Rate your day
WEEK ONE							
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	2
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	3
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	4
							5/good
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	2
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	3
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	4
							5/good
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	2
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	3
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	4
							5/good
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	2
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	3
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	4
							5/good
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	2
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	3
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	4
							5/good
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	2
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	3
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	4
							5/good

Important Safety Information (continued)

Medicines like DETROL LA can cause blurred vision, dizziness, and drowsiness. Do not drive, operate machinery, or do other dangerous activities until you know how DETROL LA affects you.

Please see continued Important Safety Information on the following pages and click here for [Full Prescribing Information and Patient Information](#).



		Fluids (what kind/how much?)	Take your medicine as prescribed?	Bathroom trips	Strong, sudden urge to go?	Accidental leaks?	Rate your day
WEEK TWO							
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad 2 3 4 5/good
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad 2 3 4 5/good
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad 2 3 4 5/good
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad 2 3 4 5/good
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad 2 3 4 5/good
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	
Date	Morning		Y or N	0 1 2 3 4+	Y or N	Y or N	1/bad 2 3 4 5/good
	Afternoon		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Evening		Y or N	0 1 2 3 4+	Y or N	Y or N	
	Overnight		Y or N	0 1 2 3 4+	Y or N	Y or N	

Important Safety Information (continued)

The most common side effects with DETROL LA are dry mouth, constipation, headache, and stomach pain.

DETROL LA has both benefits and risks. There may be other options. Ask your doctor if DETROL LA is right for you.

You are encouraged to report adverse events related to Viatris products by calling 1-800-423-1985 (US only). If you prefer, you may contact the US Food and Drug Administration (FDA) directly. Visit <http://www.fda.gov/MedWatch> or call 1-800-FDA-1088.

Please click here for [Full Prescribing Information and Patient Information](#).

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