

A Guide to Talking With Your Doctor

When it comes to managing your overactive bladder (OAB), it's important to keep an open dialogue with your doctor. Print this guide and take it with you to your next appointment to help you have a more productive conversation about prescription DETROL® LA (tolterodine tartrate extended release capsules) and your OAB treatment plan.

PREPARE

Be ready to share the following with your doctor:

- ✓ All the medications you are currently taking (including over-the-counter medications)
- ✓ Eating and drinking habits
- ✓ Exercise or activity routine
- ✓ Symptoms you have had over the past week
- ✓ Recent accidents, strong sudden urges to go, or going too often

ASK

Get answers to these commonly asked questions:

- ✓ Why did I start experiencing OAB symptoms?
- ✓ Is DETROL LA right for me?
- ✓ What can I expect when taking DETROL LA?
- ✓ How long will it take for DETROL LA to start working?
- ✓ How long will I have to take DETROL LA?
- ✓ What side effects should I be aware of when taking DETROL LA?

When do I need to come in for my next appointment? Date: _____ Time: _____

DETROL LA is available in 2 mg and 4 mg capsules.

Indication

DETROL® LA (tolterodine tartrate extended release capsules) treats the symptoms of overactive bladder (leaks, strong sudden urges to go, going too often).

Important Safety Information

Do not take DETROL LA if you have trouble emptying your bladder (urinary retention), if your stomach empties slowly (gastric retention), or if you have glaucoma.

Do not take DETROL LA if you are allergic to any of its ingredients or are allergic to Toviaz® (fesoterodine fumarate).

DETROL LA may cause allergic reactions that may be serious. Symptoms of a serious allergic reaction may include swelling of the face, lips, throat, or tongue. If you experience these symptoms, you should stop taking DETROL LA and get emergency medical help right away.

Medicines like DETROL LA can cause blurred vision, dizziness, and drowsiness. Do not drive, operate machinery, or do other dangerous activities until you know how DETROL LA affects you.

The most common side effects with DETROL LA are dry mouth, constipation, headache, and stomach pain.

DETROL LA has both benefits and risks. There may be other options. Ask your doctor if DETROL LA is right for you.

You are encouraged to report adverse events related to Viatri products by calling 1-800-438-1985 (US only). If you prefer, you may contact the US Food and Drug Administration (FDA) directly. Visit [fda.gov/MedWatch](https://www.fda.gov/MedWatch) or call 1-800-FDA-1088.

Please click here for [Full Prescribing Information and Patient Information](#).

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Detrol[®] LA
tolterodine tartrate
extended release capsules

